

#### **CAMPAIGN REVIEW FOR TEAMS**





### About the card sort

- ► Each card covers an area of review for a team sport campaign or competition.
- The head coach should play the key role in the review but other support staff,
  and a selection of athletes should be involved in the campaign review.
- Each person involved in the review should complete their own card sort so that the review process can encourage different views to be discussed.
- The review process should be facilitated.
- The process should be equally focused on areas of success as well as areas of improvement in building recommendations for future campaigns.



#### How to use the cards

- ➤ The participants in the review should all sort their set of cards into piles of high, medium and low.
- The facilitator will then seek feedback from each participant on placement and reasoning, for each area of review.
- The facilitator should then encourage discussion on areas of agreement, focusing on strengths and areas to work on, as well as areas where there are significantly different evaluations.
- The outcome of the discussion should be recorded on the campaign review template by an independent observer.
- Future recommendations should be presented to the governing organisation.

#### Campaign review areas:

- campaign set-up, planning and build-up
- competition
- · coaching
- athlete performance
- · team dynamics

Turn over to see the full list of competencies.

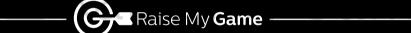
Campaign Set-Up, Planning and Build-Up	Competition	Coaching	Athlete Performance	Team Dynamics
Coach and Management Recruitment	Competition Logistics	Structure, Strategy, Style of Play	Self Management	Team Culture
Roles and Expectations	In-Team Support	Athlete-Coach Relationships	Performance vs Potential	Communication
Planning	Outside Support	Performance Preparation and Review	Handling Set-Backs	Issue Management
Selection		Athlete Feedback	Execution of Set-Plays	Managing Commitments
Preparation		In-Competition Decision-Making	Athlete Leadership	
Build-Up Logistics			Handling Pressure	

### STRENGTH



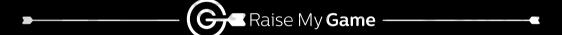
COMPETENCIES ASSESSED AS A STRENGTH AT THE HIGHEST LEVEL OF COMPETITION, IN RELATION TO OTHER COMPETENCIES

# MIDDLE/AVERAGE



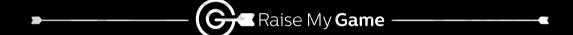
COMPETENCIES ASSESSED AS MIDDLE AT THE HIGHEST LEVEL OF COMPETITION, IN RELATION TO OTHER COMPETENCIES

## WORK-ON



COMPETENCIES ASSESSED AS AN AREA TO WORK-ON AT THE HIGHEST LEVEL OF COMPETITION, IN RELATION TO OTHER COMPETENCIES

## NOT APPLICABLE



THESE ARE EITHER NOT APPLICABLE OR TO BE SORTED AT A LATER DATE





#### Coach and Management Recruitment

- Was the recruitment process managed well (timing, transparency, fairness, feedback, etc.)?
- · Was the communication around appointments well managed?
- Was the programme well set-up and managed (e.g., existing arrangements, job descriptions, risk management, etc.)?



#### **Roles and Expectations**

- How was each person's role set up?
- · Was everyone's role clear?
- Were expectations clearly defined?
- · Were strengths of all members of the group utilised effectively?
- Were consequences for falling short of expectations defined?
- Was confusion over roles and expectations resolved effectively?





## COMPETITION

SORT CARDS —



#### **Competition Logistics**

- Were the competition logistics well managed (i.e., vehicles, accommodation, equipment, practices, food, washing, etc.)?
- Was athlete communication in regards to the logistics well managed?
- Did team management receive support from club, regional or national sporting organisations when required?



#### **In-Team Support**

- How was the physiotherapy support?
- · How was the video analysis support?
- Other support?







### Structure, Strategy, Style of Play

- Did coaches have a clear structure and strategy for each game/match? Was it appropriate for the opposition, clearly explained, well understood, practiced prior to the competition and well executed?
- Did the senior athletes understand and support the strategy?
- Was the impact of key athletes maximised within the structure, style of play, and strategy?
- Was video analysis and/or other methods used to improve the strategy and structure prior to and during the competition?
- Did athletes seek clarity when they weren't clear on their role?



#### Athlete-Coach Relationships

- Were strong athlete-coach relationships built?
- Were events that tested the athlete-coach relationship well managed?
- Did the coaching group get the best out of athletes?
- Were athletes focused on the most important things?
- Was there a strong sense of trust and respect between athletes and coaches?
- · Did communication between athletes and coaches build a shared understanding?
- Were successful processes in place for athletes to give coaches feedback?
- Were athletes' views and feedback respected?
- Were coaches friendly and approachable?



### ATHLETE PERFORMANCE

**SORT** CARDS



#### Self Management

- Did senior athletes lead by example effectively?
- · Did athletes always give their best efforts?
- Did athletes follow excellent nutrition during the build-up and the competition?
- Did athletes get plenty of sleep?
- Did all athletes complete appropriate warm-down and recovery (e.g., run and stretch, ice-baths, pool sessions, etc.)?
- Did athletes engage in pre-competition preparation and post-competition review appropriately?



#### Handling Set-Backs

- How did athletes handle set-backs?
- How did the coaches and management team support recovery from set-backs?





### TEAM DYNAMICS

**SORT** CARDS ————



#### **Team Culture**

- Did the team have clear values and behavioural expectations?
- Did everyone buy-in to the team values and behavioural expectations?
- What were the hallmarks that defined the team culture (i.e., poignant moments or events or actions)?
- Were the values remembered and talked about within the team?
- Did the athletes call-out behaviours that were outside of the expected values/culture?
- How did the team culture stand up under pressure or to set-backs?
- Did the senior athletes and management team effectively create and protect team culture?



#### Communication

- · Was the communication direct and truthful?
- Did team members listen, reflect and ask questions?
- Were clear expectations and direction set in team meetings?
- · Did team members ask for help when they needed it?
- · Did team members speak up when they were unsure?
- · Did the management team explain what and why, especially when taking an unexpected action?
- Did management check messages were understood?